

Healthy LifestylesSM Reimbursement and Information Order Form

To request your reimbursement, provide all the information requested on this form and attach required documentation, such as receipts, membership contracts, and enrollment forms. To order free informational materials, mark the check boxes next to the items you want to receive.

For additional reimbursement forms, you may copy this form, download it from ibxpress.com, or call Healthy Lifestyles at the number listed at the bottom of this page.

Name: _____

Date of birth: ____ / ____ / ____ Email: _____

Address: _____

City: _____ State: _____ ZIP: _____

Health plan ID # (found on your member ID card): _____

Telephone (day): _____ Telephone (evening): _____

Reimbursement request

I have completed all requirements for the programs indicated below and have attached the required documentation. Please process my reimbursement for: *(Check all that apply.)*

Parenting class

Baby's due date: ____/____/____

Breast pump

Baby's due date: ____/____/____

Lactation consultant

Baby's due date: ____/____/____

Delivery date: ____/____/____

Fitness Program

Healthy Weight, Healthy You
Program start date: ____/____/____

Tobacco Cessation
Program start date: ____/____/____

First-aid, safety, or CPR class

Course completion
date: ____/____/____

Bike helmet

Information request

Please send me a free copy of the following materials:
(Check all that apply.)

Adoption booklet

Clearing the Air booklet

Stress management CD

Wellness Guidelines

Total amount of enclosed receipt(s): \$ _____

Mail your form and documentation to: Independence Blue Cross
Healthy Lifestyles Program
1901 Market Street, P.O. Box 41880
Philadelphia, PA 19101-9131

Questions?

Call Healthy Lifestyles at 1-800-ASK-BLUE, TDD 1-888-857-4813, Monday through Friday, 8 a.m. to 5 p.m. ET.

Incentive programs or health care services described in this booklet as part of Healthy Lifestyles are contingent on a member being eligible for coverage at the time of participation and subject to the terms, limitations, and exclusions of his or her health care benefits program. Healthy Lifestyles programs are value-added programs and services; they are not benefits under the health care plan that you purchased and are therefore subject to change without notice.

You must be a member of an Independence Blue Cross health plan at the time of enrollment and program completion in order to receive your reimbursement. Co-payments, deductibles, and co-insurance fees are not eligible for reimbursement. Reimbursement will not be issued if information is falsified.