

# Personal Choice

## Personal Choice 10



Personal Choice® our popular Preferred Provider Organization (PPO), gives you freedom of choice by allowing you to choose your own doctors and hospitals. You can maximize your coverage by accessing your care through Personal Choice's network of hospitals, doctors, and specialists, or by accessing care through preferred providers that participate in the BlueCard® PPO program. Of course, with Personal Choice, you have the freedom to select providers who do not participate in the Personal Choice network or BlueCard PPO program. However, if you receive services from out-of-network providers, you will have higher out-of-pocket costs and may have to submit your claim for reimbursement.

With Personal Choice...

- You do not need to enroll with a primary care physician
- You never need a referral

Benefit	In-network	Out-of-network <sup>1</sup>
<b>BENEFIT PERIOD</b>	Calendar Year*	Calendar Year*
<b>DEDUCTIBLE</b>		
Individual	\$0	\$250
Family	\$0	\$500
<b>AFTER DEDUCTIBLE, PLAN PAYS</b>	100%	80%
<b>OUT-OF-POCKET MAXIMUM<sup>5</sup></b>		
Individual	\$1,000	\$2,000
Family	\$2,000	\$4,000
<b>LIFETIME MAXIMUM</b>	Unlimited	Unlimited
<b>DOCTOR'S OFFICE VISITS</b>		
Primary care services	\$10 copayment	80%, after deductible
Specialist services	\$10 copayment	80%, after deductible
<b>PREVENTIVE CARE FOR ADULTS AND CHILDREN</b>	100%, no deductible	80%, no deductible
<b>PEDIATRIC IMMUNIZATIONS</b>	100% (office visit copayment does not apply), no deductible	80%, no deductible
<b>ROUTINE GYNECOLOGICAL EXAM/PAP</b> 1 per year for women of any age <sup>3</sup>	100%	80%, no deductible
<b>MAMMOGRAM</b>	100%	80%, no deductible

1 Non-Preferred Providers may bill you for differences between the Plan allowance, which is the amount paid by Independence Blue Cross (IBC), and the actual charge of the provider. This amount may be significant. Claims payments for Non-Preferred Professional Providers (physicians) are based on the lesser of the Medicare Professional Allowable Payment or the actual charge of the provider. For covered services that are not recognized or reimbursed by Medicare, payment is based on the lesser of the Independence Blue Cross (IBC) applicable proprietary fee schedule or the actual charge of the provider. For covered services not recognized or reimbursed by Medicare or IBC's fee schedule, the payment is based on 50% of the actual charge of the provider. It is important to note that all percentages for out-of-network services are percentages of the Plan allowance, not the actual charge of the provider.

3 Combined in/out-of-network

\* A calendar year benefit period begins on January 1 and ends on December 31. The deductible and out-of-pocket maximum amount start at \$0 at the beginning of each calendar year on January 1.

5 In-network out-of-pocket maximum includes copayments, coinsurance and deductible. Out-of-network out-of-pocket maximum includes coinsurance only.

The benefits may be changed by IBC to comply with applicable federal/state laws and regulations.



Benefits underwritten or administered by QCC Insurance Company, a subsidiary of Independence Blue Cross-independent licensees of the Blue Cross and Blue Shield Association.

[www.ibx.com](http://www.ibx.com)

Benefit	In-network	Out-of-network <sup>1</sup>
<b>NUTRITION COUNSELING FOR WEIGHT MANAGEMENT</b> 6 visits per year <sup>3</sup>	100%	80%, after deductible
<b>ALLERGY INJECTIONS</b> (Office visit copayment waived if no office visit is charged)	100%, no deductible	80%, after deductible
<b>MATERNITY</b>		
First OB visit	\$10 copayment	80%, after deductible
Hospital	100%	80%, after deductible <sup>4</sup>
<b>INPATIENT HOSPITAL SERVICES</b>		
Facility	100%	80%, after deductible <sup>4</sup>
Physician/Surgeon	100%	80%, after deductible
<b>INPATIENT HOSPITAL DAYS</b>	Unlimited	70 <sup>4</sup>
<b>OUTPATIENT SURGERY</b>		
Facility	100%	80%, after deductible
Physician/Surgeon	100%	80%, after deductible
<b>EMERGENCY ROOM</b>	\$25 copayment (copayment waived if admitted)	\$25 copayment, no deductible (copayment waived if admitted)
<b>URGENT CARE CENTER</b>	\$17 copayment	80%, after deductible
<b>AMBULANCE</b>		
Emergency	100%, no deductible	100%, no deductible
Non-emergency	100%, no deductible	80%, after deductible
<b>OUTPATIENT LABORATORY/PATHOLOGY</b>	100%	80%, after deductible
<b>OUTPATIENT X-RAY/RADIOLOGY</b>	100%	80%, after deductible
<b>THERAPY SERVICES</b>		
Physical, speech and occupational	\$15 copayment	80%, after deductible
Cardiac rehabilitation 36 visits per year <sup>3</sup>	\$15 copayment	80%, after deductible
Pulmonary rehabilitation 12 visits per year <sup>3</sup>	\$15 copayment	80%, after deductible
Orthoptic/pleoptic 8 sessions lifetime maximum <sup>3</sup>	\$15 copayment	80%, after deductible
<b>RESTORATIVE SERVICES, INCLUDING CHIROPRACTIC CARE</b>	\$15 copayment	80%, after deductible
<b>CHEMO/RADIATION/DIALYSIS</b>	100%	80%, after deductible
<b>OUTPATIENT PRIVATE DUTY NURSING</b>	100%	80%, after deductible
<b>SKILLED NURSING FACILITY</b>	100%	80%, after deductible
<b>HOSPICE AND HOME HEALTH CARE</b>	100%	80%, after deductible
<b>DURABLE MEDICAL EQUIPMENT AND PROSTHETICS</b>	100%	80%, after deductible
<b>OUTPATIENT DIABETIC EDUCATION</b>	100%	Not covered
<b>MENTAL HEALTH CARE</b>		
Outpatient	\$10 copayment	80%, after deductible
Inpatient	100%	80%, after deductible <sup>4</sup>

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3 Combined in/out-of-network

4 Inpatient hospital day limit combined for all out-of-network inpatient medical, maternity, mental health, serious mental illness and substance abuse services.

The benefits may be changed by IBC to comply with applicable federal/state laws and regulations.

Benefit	In-network	Out-of-network <sup>1</sup>
<b>SERIOUS MENTAL ILLNESS CARE</b>		
Outpatient	\$10 copayment	80%, after deductible
Inpatient	100%	80%, after deductible <sup>4</sup>
<b>SUBSTANCE ABUSE TREATMENT</b>		
Outpatient/Partial facility visits	\$10 copayment	80%, after deductible
Rehabilitation	100%	80%, after deductible <sup>4</sup>
Detoxification	100%	80%, after deductible <sup>4</sup>

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### What is not covered?

- services not medically necessary
- services not billed and performed by a provider properly licensed and qualified to render the medically necessary treatment, service, or supply
- cosmetic services/supplies
- routine foot care
- supportive devices for the foot (orthotics), except for podiatric appliances for the prevention of complications associated with diabetes
- dental care, including dental implants, and nonsurgical treatment of temporomandibular joint syndrome (TMJ)
- vision care (except as specified in a group contract)
- military or occupational injuries or illness
- benefits payable by the government, Medicare, or through motor vehicle insurance
- assisted fertilization techniques such as, but not limited to, in-vitro fertilization, artificial insemination, GIFT, ZIFT
- charges in excess of benefit maximums or allowable charges as set forth in the group contract
- services or supplies that are experimental or investigative except routine costs associated with clinical trials
- inpatient private-duty nursing
- alternative therapies/complementary medicine
- hearing aids, hearing examinations/tests for the prescription/fitting of hearing aids, and cochlear electromagnetic hearing devices
- immunizations required for employment or travel
- self-injectable drugs

This summary represents only a partial listing of the benefits and exclusions of the Personal Choice program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. This managed care plan may not cover all of your health care expenses. Read your benefits booklet for a complete listing of the terms, limitations, and exclusions of the program. If you need more information, please call 1-800-ASK-BLUE (1-800-275-2583).

## Services that require pre-authorization

Service	In-network (Personal Choice <sup>®</sup> network provider or BlueCard <sup>®</sup> PPO provider)	Out-of-network
<b>ALL NON-EMERGENCY INPATIENT ADMISSIONS</b> (Except maternity admissions)	Required	Required
<b>Hyperbaric Oxygen</b>	Required	Required
<b>Pain management procedures (including epidural injections, transforaminal epidural injections, paravertebral facet joint injections)</b>	Required	Required
<b>OUTPATIENT SURGICAL PROCEDURES</b>		
Bunionectomy	Required	Required
Cataract surgery	Required	Required
Cochlear implant surgery	Required	Required
Laparoscopic cholecystectomy	Required	Required
Hemorrhoidectomy	Required	Required
Hernia repair	Not Required	Required
Arthroscopic knee surgery/diagnostic arthroscopy	Required	Required
Obesity surgery	Required	Required
Prostate surgery	Not Required	Required
Spinal/vertebral surgery	Not Required	Required
Submucous resection (nasal surgery)	Required	Required
Tonsillectomy and/or adenoidectomy	Required	Required
<b>RECONSTRUCTIVE PROCEDURES AND POTENTIALLY COSMETIC PROCEDURES (for a complete list of these procedures, please see Benefits that Require preauthorization available on ibx.com)</b>	Required	Required
<b>Surgery for varicose veins, including perforators and sclerotherapy</b>	Required	Required
<b>Orthognathic surgery procedures, including but not limited to, bone graft, genioplasty, osteoplasty, mentoplasty, osteotomies</b>	Required	Required
<b>TRANSPLANTS</b>	Required	Required
<b>OPERATIVE AND DIAGNOSTIC ENDOSCOPIES</b>	Not Required	Required
<b>MRI/MRA</b>	Required	Required
<b>CT/CTA SCAN</b>	Required	Required
<b>PET SCAN</b>	Required	Required
<b>NUCLEAR CARDIAC STUDIES</b>	Required	Required
<b>OUTPATIENT PRIVATE DUTY NURSING</b>	Required	Required
<b>OTHER FACILITY SERVICES:</b> Skilled nursing, Inpatient hospice, Home health, Birth center	Required	Required
<b>OUTPATIENT THERAPIES:</b> Speech		
Inpatient	Required	Required
Partial hospitalization programs/Intensive outpatient programs	Required	Required
<b>DAY REHABILITATION PROGRAMS</b>	Required	Required
<b>DENTAL SERVICES AS A RESULT OF ACCIDENTAL INJURY</b>	Required	Required
<b>NON-EMERGENCY AMBULANCE</b>	Required	Required
<b>DURABLE MEDICAL EQUIPMENT</b> Purchase items (including repairs and replacements) over \$500, and ALL rentals (except oxygen, diabetic supplies, and unit dose medication for nebulizer)	Required	Required
<b>PROSTHETICS AND ORTHOTICS</b> Purchase items (including repairs and replacements) over \$500 (excluding ostomy supplies)	Required	Required
<b>INFUSION THERAPY IN A HOME SETTING</b>	Required	Required
<b>INFUSION THERAPY DRUGS</b> Administered in an Outpatient Facility or in a Professional Provider's Office (see list included in your open enrollment packet)	Required	Required

Personal Choice<sup>®</sup> network providers will obtain preauthorization for you, if it is required for the service provided. You are not required to obtain preauthorization when you are treated in a Personal Choice network hospital or facility or by a Personal Choice network doctor. Members are not responsible for financial penalties because a Personal Choice network provider does not obtain prior approval.

If you use a provider who is a BlueCard<sup>®</sup> PPO network provider, or you use an out-of-network provider, you must obtain preauthorization if required for the service or supply being provided. You may be subject to financial penalties if you do not obtain preauthorization.

Call Independence Blue Cross at the preauthorization telephone number on your identification card to initiate preauthorization.

You may be responsible for financial penalties if you do not preauthorize services when you use a BlueCard PPO provider, or an out-of-network provider. There is a \$1,000 penalty for failure to preauthorize inpatient services or treatment, and a 20% reduction in benefits for failure to preauthorize outpatient services or treatment.

Preauthorization is not a determination of eligibility or a guarantee of payment. Coverage and payment are contingent upon, among other things, the patient being eligible, i.e., actively enrolled in the health benefits plan when the preauthorization is issued and when approved services occur. Coverage and payment are also subject to limitations, exclusions, and other specific terms of the health benefits plan that apply to the coverage request.