



West Chester Area School District Middle School Breakfast Menu

Apply online for free or reduced school meals at www.paschoolmeals.com

Breakfast Meal Price: \$1.50

October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 	1 Chocolate Choc Chip Muffin Pineapple, Choice of Juice, Choice of Milk	2 French Toast Sticks Mixed Fruit Choice of Juice, Choice of Milk	3 Egg & Cheese Bagel Fresh Banana, Choice of Juice, Choice of Milk	4 Apple Frudel Peaches Choice of Juice, Choice of Milk
7 DUNK YOUR DONUTS Pumpkin Spice Cinnamon Toast Crunch Donut Applesauce, Choice of Juice, Choice of Milk 	8 Blueberry Muffin Pineapple, Choice of Juice, Choice of Milk	9 	10 Egg, Cheese and Bacon Bagel Fresh Banana, Choice of Juice, Choice of Milk	11 Banana Choc Benefit Bar Peaches Choice of Juice, Choice of Milk
14 WG Strawberry Poptart Applesauce, Choice of Juice, Choice of Milk	15 Banana Muffin Pineapple, Choice of Juice, Choice of Milk	16 French Toast Sticks Mixed Fruit, Choice of Juice, Choice of Milk	17 Sausage, Egg & Cheese Bagel Fresh Banana, Choice of Juice, Choice of Milk	18 Blueberry Nutrigrain Bar Peaches Choice of Juice, Choice of Milk
21 DUNK YOUR DONUTS WG Glazed Donut Applesauce, Choice of Juice, Choice of Milk	22 Chocolate Choc Chip Muffin Pineapple, Choice of Juice, Choice of Milk	23 Mini Confetti Pancakes Mixed Fruit, Choice of Juice, Choice of Milk	24 Egg and Cheese Bagel Fresh Banana, Choice of Juice, Choice of Milk	25 Cherry Frudel Peaches Choice of Juice, Choice of Milk
28 	29 Blueberry Muffin Peaches, Choice of Juice, Choice of Milk	30 French Toast Sticks Mixed Fruit, Choice of Juice, Choice of Milk	31 Egg, Cheese and Bacon Bagel Fresh Banana, Choice of Juice, Choice of Milk Happy Halloween	1 Cinni Minis Peaches Choice of Juice, Choice of Milk

Daily Fruit Choices: Fresh Orange, Fresh Apple, Raisins. 100% Fruit Juices: Apple, Grape, Fruit Blend and Orange

Daily Milk Choices: Skim Chocolate, 1% White Milk

★ **Breakfast Sandwiches Served Everyday** ★

Daily Breakfast Entrée Choices:

- * Cold Cereal with or without Bug Bites
- * Bagel with Cream Cheese and Jelly
- * Assorted Muffins with or w/out String Cheese

For further information on our Nondiscrimination Statement, please visit:
http://home.wcasd.net/files/NMJDB/5c9255f040a3a9b03745a49013852ec4/Non_Discrimination_Clause_document_for_website_Feb_2016.pdf

Students must take 3 items for it to qualify as a breakfast meal. One of the 3 items MUST be a fruit.



***Menu subject to change without notice.