



childandfamilyarttherapycenter.com

Individual Art-Play Therapy with Parent Support

Award-Winning Approach to Child & Adolescent Therapy

Free initial phone
consultation to
discuss your child's
needs!

- **Innovation:** Art and play therapy integrated with cognitive behavioral therapy, parent support, and family therapy techniques
- **Highly trained child specialists:** Child friendly approach even wins over resistant kids
- **Skill-building focus:** Develops new social and coping skills
- **Cost & Time Efficient:** Child friendly approach speeds children's adjustment and participation in therapy; home program promotes long-lasting success
- **Compassion:** Understanding therapists respect the true needs and roles of children AND parents alike
- **Customer service:** Quick response to your phone calls and needs
- **Effort:** Going above and beyond the call of duty for your child
- **Collaboration:** With other professionals and educators in your child's life

Why art therapy? Why WOULDN'T you use art-play therapy?

Children and teens heal, grow, and overcome challenges best when they feel relaxed and safe. Art and play approaches are child-friendly ways to help children get the most out of therapy. Adolescents and young children more freely get out trapped feelings and concerns through the use of their creativity, symbolic imagery, and discussion. In every session coping skills are built, success is experienced, and challenges are overcome. No art talent is necessary to achieve maximum success!

Creatively Treating a Wide Variety of Challenges

- Oppositional-defiant behavior
- Anxiety
- Frustration/Anger
- Depression
- Impulsiveness
- ADHD
- Bullying
- Trauma
- Grief and loss
- Separation & divorce
- Academic challenges
- Social problems
- Self esteem
- Medical illness
- Parent-child relationships
- Adolescent issues: identity, body image, independence, sexuality, drugs and alcohol
- ...and much more...

4 Convenient Locations: Center City, Ardmore, Paoli, & Plymouth Meeting, PA

Questions? Would you like a free consultation to discuss your child's situation? Please contact us, at

ChildFamArt@verizon.net

(610) 649-1080 x1

www.ChildAndFamilyArtTherapyCenter.com