

East High School Receives National Athletic Trainers' Association Safe Sports School Award



West Chester East High School Athletic Department was recently honored as a recipient of the National Athletic Trainer's Association (NATA) Safe Sports School Award. This prestigious award champions safety and recognizes secondary schools that provide the safest environments for student-athletes. The award reinforces the importance of providing the best level of care, injury prevention and treatment. East High School is one of 38 of the 1,501 high schools in Pennsylvania to receive this recognition.

In order to achieve Safe Sports School status, athletic programs must demonstrate they do the following:

- Create a positive athletic health care administration system
- Provide or coordinate pre-participation physical examinations
- Promote safe and appropriate practice and competition facilities
- Plan for selection, fit, function and proper maintenance of athletic equipment
- Provide a permanent, appropriately-equipped area to evaluate and treat injured athletes
- Develop injury and illness prevention strategies, including protocols for environmental conditions
- Provide or facilitate injury intervention
- Create and rehearse a venue-specific Emergency Action Plan
- Provide or facilitate psycho-social consultation and nutritional counseling/education
- Be sure athletes and parents are educated about the potential benefits and risks in sports as well as their responsibilities